

## Team Building

<b>OUTCOMES</b>	The qualifying learner is capable of: <ul style="list-style-type: none"> <li>• Demonstrating knowledge of and insight into the theory of teams and the importance of teams in workplace activities.</li> <li>• Applying the theory of teams to team dynamics.</li> <li>• Explaining the process of building teams.</li> <li>• Analysing the role of team leader in promoting team effectiveness.</li> <li>• Evaluating the effectiveness of a team and propose ways to improve team effectiveness.</li> </ul>		
	Who should attend?	Duration	NQF Alignment
	Managers, Supervisors, Team Leaders achieving organisational goals through effective teamwork.	2 Days	SAQA US ID: 252037 NQF level: 5 Credits: 6
<b>TRAINING CONTENT</b>	<p><b>Module 1: The theory of teams and its role in the workplace</b></p> <ul style="list-style-type: none"> <li>• Understanding groups and teams</li> <li>• Types of teams.</li> <li>• Importance of teams.</li> <li>• Qualities of a good team.</li> </ul> <p><b>Module 2: Theories of Teams and Team Dynamics</b></p> <ul style="list-style-type: none"> <li>• Factors influencing team and group dynamics.</li> <li>• Group conflicts.</li> <li>• Regognising team dynamics.</li> </ul>		
	<p><b>Module 3: Team Building</b></p> <ul style="list-style-type: none"> <li>• The team building process.</li> <li>• Stages of team development.</li> </ul> <p><b>Module 4: Team Leadership</b></p> <ul style="list-style-type: none"> <li>• The role of team leadership</li> <li>• Leadership styles.</li> <li>• Problem-solving teams.</li> </ul> <p><b>Module 5: Evaluating Team Effectiveness</b></p> <ul style="list-style-type: none"> <li>• Analysis of team development.</li> <li>• Developing an action plan.</li> </ul>		

